

**Diocesan Athletic Conference**  
**Soccer Rules**  
**Varsity (Co-ed) Division**

**I. ELIGIBILITY**

- A. Team rosters must be submitted to the DAD before the first regular season game. Failure to submit will result in forfeiture of the first game. It may also result in suspension of the coach and forfeiture of future games.
- B. It is the coach's and Athletic Director's responsibility to control fans and/or parents during the games.
- C. Each player participating must meet eligibility requirements set forth by the Diocesan Athletic Conference.
- D. The Senior Division will be limited to students in the 6th, 7th, and 8th grades. No children in K-5th will be eligible to participate. Once a 6th grade student-athlete moves up, they may not play back down in the Junior division.
- E. All eligible children at participating schools should be allowed to participate. The Diocesan Athletic Conference admonishes "cutting", and encourages the participation of all students who wish to play.
- F. If a school fields more than one team, the school may be divided into a varsity and junior varsity.

**II. LEAGUE RULES AND REGULATIONS**

- G. A game shall consist of two (2) halves, each lasting thirty (30) minutes. There shall be an eight (8) minute half-time break.
- H. A size 5 ball will be used. The league is a 11 v 11 co-ed league. Boys and girls play on the same team(s). A minimum of 7 players is required to start a game.
- I. Two officials per game shall be provided by the league.
- J. A player is allowed to wear a cast, as long as the cast is soft (wrapped) and as long as the player has a physician's note allowing the child.
- K. League standings will be kept and a postseason tournament will be held at the end of the season. **Please note that due to 8th grade trip conflicts during the 2026 spring season, ONLY the top four teams in the regular season will advance to the tournament.**
- L. Tie breakers for seeding in the tournament will be determined by 1) Head to Head 2) Point Differential 3) Total Goals Against 4) Coin Flip
- M. There will be no tie games and no overtime period in the regular season and tournament. After regulation, there will be a penalty kick shootout to determine the winner. However, in the championship game, there will be two 10 minute overtime periods before the shootout.

- N. During a shootout, a coach selects the first five kickers. If still tied, five different players are selected. Any player on the roster may take part. Coaches and non-kickers must remain in the team area.
- O. Any player, coach, or spectator ejected for any reason will not be allowed to attend the next game.
- P. The wearing of jewelry, except medical alert items, is prohibited. This includes pierced earrings (even if they are covered by band-aids).
- Q. Heading is allowed.
- R. Mercy Rule (Goal Differential) - if a 9-goal differential has been reached at halftime or at any time during the second half, the game shall be terminated. A +/- 3 goal differential will be issued for tie breaking purposes.
- S. All game results shall be submitted within 24 hours of completion of the contest.